

## January 2018 Quarterly Astrological Newsletter

Astrological, planetary energies have an impact on our minds, emotions, and the physical body. Did you know that Emergency Rooms at hospitals are more crowded when there is a Full Moon? Everything in this Universe is comprised of energy and each planet has been assigned a human theme that corresponds to the way that it can affect us. Every planet during their orbits moves through the twelve different astrological signs and each astrological sign carries specific traits and energies, which further defines how it will affect us.

The planet Jupiter is called The Lucky planet, it works in benevolent ways in our lives, and can bring in experiences that are helpful for our personal expansion and inner growth. Every year it changes signs, it is presently in the sign of Scorpio, and it will remain there until November 9, 2018. Scorpio is a water sign and all water signs are asking us to go deeper within ourselves, feel our emotions, and to listen to our intuition. Jupiter in Scorpio will affect us, but possibly more on those who have planets in Scorpio in their birth chart; it will spotlight something in their lives. With Jupiter in Scorpio we may realize this year the need for more depth and authentic communication in all of our relationships.

We are in evolutionary times and the various planetary astrological alignments are contributing to many of the changes we are seeing in our lives and on the world stage. As the weather patterns continue to shift, James Tyberonn states, **“The clearances from the hurricanes and earthquakes directly affect the conscious fields of energy of the living earth. These events release trapped energy held within the planet, allowing for a reboot of the planet.”**

As our weather patterns continue to shift, and if there are more tragedies that occur with people and places around the world, this is the time for all of us to come together and send loving intentions or prayers to those affected. These evolutionary times are asking all of us to unify, not divide, or ignore what is going on with others. These unusual events are to bring about extra love, compassion in our hearts, and unity.

There is tremendous power in prayers. When our hearts and minds unite we have the power to make shifts in the collective energies, and to affect others that are in need of support. So, I ask all of you when there are more tragedies around the world, to take a moment of time to send

healing and loving prayers to others in need. You will be supporting so many, helping to increase the powerful energy of love on the planet, and will be contributing to upgrading the planet's energies. ***Suggestions of what to say when tragedies occur: "I ask for healing and loving support to be there for those involved in (describe situation)....." "I pray for those affected by this recent tragedy, may they have the love and support that they need." Please pass this message on to your family, loved ones, and friends. Thank you.***

In 2017 we had four eclipses. In 2018 we will have five eclipses and these are unique, uncommon planetary alignments that create extra energies which ultimately flood the earth and throughout our bodies. Ancient cultures were aware of the sacredness of eclipses and the potent energies emitted during these cycles.

As the weather patterns keep helping the planet to reboot, eclipses also affect the upshifting of the planet, and contribute to bringing our physical bodies to a higher vibration. You may not know the difference but increased life force is flooding our bodies. Eclipses can put a spotlight on something in our lives. If there is a shake up situation, this is an indication that something needs to change within ourselves. As we bring our attention to eliminating what no longer serves us, our aura and energy field calibrate to a higher level, and then we are able to attract more harmonious experiences into our lives.

If we hold onto what no longer serves us we are then fighting against the flow of our lives and the Divine Plan for us. Close to the eclipses on January 31st and February 15th be open to receiving insights; listen to those feelings in your gut, or the intuitive messages you may be getting.

The Total Lunar Eclipse is on January 31st. , it is the second full moon in January, which is rare, this is a Super Moon (closer to earth), and all is coupled with the eclipse. This is a lot of amplified moon energies and all is happening in the astrological sign of Leo. The sign of Leo is asking us to open our hearts to more love, to listen to what our individual heart desires, be lighter in our existence, and appreciative for all that we have. Leo is about having the courage to step out into something better. We are all individuals having a journey to learn about ourselves throughout our lives. Everything that is attracted into our lives is a reflection of the energy we are holding in our energy field, or aura.

There will be a partial Solar Eclipse on February 15th. The New Moon and Solar Eclipse will be in the astrological sign of Aquarius. With

Aquarius we are again getting the message around humanity unifying. How would this look in your life? This New Moon and Solar Eclipse are asking us to expand our vision, increase our awareness, and step into a new place with ourselves.

On March 22nd through April 14th Mercury will be retrograde. During this time clear communication is important and I suggest double-checking what you are doing so that the mind stays focused on one thing at a time.

With every significant astrological planetary alignment, feel the energies and follow what you are feeling. If you sense agitation, then this is a sign that something needs to shift. If you are feeling harmony, then how can you continue to create this in everyday of your life? We have opportunities to create inner growth and more awareness from the day we are born to the last day in our bodies.

**BE THE BEST THAT YOU CAN BE !**

Blessings,

*Nansea Lee*

Licensed Life Coach

Astrologer

Relationship Coach

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