

## May 2018 Quarterly Astrological Newsletter

Did you notice in January, February, and March our lives were pretty smooth? Then when a number of planets shifted their alignments, certain planets went into a retrograde position, we then felt some unrest in our minds and lives. Astrological energies are very powerful and our bodies are comprised of energy so every planetary movement can have an effect on what is happening in our minds, bodies, and lives. Astrology governs many of our life cycles. In these transitional evolutionary times planetary movements are contributing to bringing more awareness to humanity, shifting our consciousness, and all for the purpose of raising the vibration of humanity and Mother Earth.

When I started to write this newsletter we just finished the full moon on April 29<sup>th</sup>. It was an intense Scorpio full moon and then on top of this there were 3 planets in Aries (a fire sign) and Gemini (an air sign). These are energetic astrological signs. My husband and I felt this extra energy and used it on house projects. But, I observed others on Facebook who were not aware of how these astrological energies have an effect on our minds and bodies; they were agitated, couldn't sleep, and some were ready for an argument. Why? Because, Aries a fire sign is considered the warrior sign and Gemini is an air sign that can over stimulate the mind to bounce from one thought to another at a faster pace than normal. When we are aware of what is going on astrologically it is then easier to *go with the flow*.

**Jupiter** is in Scorpio, and this is the planet of growth and expansion, but it is now in a retrograde movement. You may want to delay going forward with your new projects until July 10<sup>th</sup> when it goes direct. While a planet is in a retrograde motion it shines a light on something within ourselves or in our lives that might need updating or revised. Scorpio is a water sign and is asking us to listen to our intuition, create deeper relationships, validate our emotional truths, and have the courage to look honestly at ourselves. We all have our stuff and those mental and emotional patterns that keep a part of us in an unconscious state of activity.

Jupiter is in Scorpio most of this year and the theme is relationships? How are yours with yourself and others? ***People today are searching for more meaningful relationships. Our main lessons in life revolve around relationships and learning how to LOVE.***

With your romantic relationships have you been able to create something better than your last relationship? Does your current romantic relationship have more emotional substance? Have you ever updated your relationship skills? Did you know that our aura attracts the people into our lives?

***“Committed partners will complement each other’s strengths, and with nonjudgment and patience, they will assist each other in working through weaknesses and fears”, Ronna Herman, internationally known author, speaker, and spiritual teacher.***

**Saturn** is in Capricorn and will be retrograde until September 6<sup>th</sup>. It is asking us to face reality and take off those rose colored glasses. Reality is beautiful if we choose to have this perspective. Saturn helps to bring us discipline and focus. If there are delays with any projects..... remember all is in the right timing, *Divine Time*.

We once again have **Pluto** retrograde throughout the summer. Pluto acts as a catalyst for internal changes and often times it helps to create a life situation that draws us inward. It may stimulate us to review our values, priorities, integrity, and asks us to review ourselves in all areas of our lives. Pluto is in the sign of Capricorn, which represent structures that we have created in our lives and this can also be around our beliefs. Capricorn influences corporations, banks, governments, and the way we have been doing our repetitious patterns in our lives.

**Pluto** will be retrograde until September 30<sup>th</sup> and this energy may help to create a situation in our lives that gets our attention; there is something to learn about ourselves with every experience. During these evolutionary times we are all being tested. All experiences are to bring about more awareness and consciousness. Any meltdowns are openings for breakthroughs.

**Uranus** the planet that brings unexpected situations into our lives, it will be going into Taurus on May 15<sup>th</sup>. It hasn't been in Taurus since 1942. Taurus is an earth sign and it symbolizes money and Mother Earth. The Hawaiian volcano that is erupting now, I believe this is a sign from Mother Earth, as she feels the shifting of the planet Uranus that will be going into Taurus soon. There were earth events that happened seven years ago when Uranus went into Aires, an earthquake and a tidal wave occurred in Japan that affected the nuclear reactor. Mother Earth may continue to react to the ways that we are unconsciously treating her with more volcano eruptions, earthquakes, tornadoes, floods, and possibly hurricanes.

While Uranus is in Taurus we are being asked to reevaluate how we are honoring Mother Earth and her resources? Do you think fracking is beneficial for her? I don't. Some astrologers predict while Uranus is in Taurus that during this time there may be additional shake-ups in the financial sector. Watch for these themes to continue to emerge over the years while Uranus is in Taurus.

Additionally on May 15<sup>th</sup> there is a powerful positive New Moon. This is a wonderful time to plant your mental seeds of what you want to manifest.

All planetary movements are helping to bring more awareness to humanity. In these evolutionary times astrology and the planetary movements are stimulating us to awaken to a new awareness, brings in higher vibrational energies, and this is helping us in connecting more to our hearts. When the mind knows what planetary and astrological energies are in the air it is easier to ***go with the flow.***

If there is anyone who might also be interested in receiving my quarterly Astrological Newsletter to help all of us navigate these evolutionary times, please pass this newsletter on to them, or have them go to my website to sign up for my free quarterly Astrological Newsletter:

<https://nansealee.com/free-astrology-news-life-coaching-relationship-coaching-videos/>

Blessings,

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