

Astrology Corner Newsletter

Our souls have asked for this journey in life and we all have various lessons, and karma to balance and dissolve throughout the years. Depending on your age you may have many more karmic lessons to experience than those over fifty.

Through every experience in life we get an opportunity to learn something about ourselves. Sometimes it is as simple as learning what you like and do not like. Other life lessons may reflect some of our experiences from our childhood that were never reconciled, mistrust, and even past life issues. During our lives some of those unconscious patterns might begin to hinder our life experiences, and how our soul really wants us to grow, and evolve. We all have various mental and emotional limitations that often times can hold us back from fully experiencing ourselves and life. But, this is the lifetime that we choose to be more awake. So, the choice is ours to make. Do we want to age bettering ourselves, or do we want to perpetuate those patterns that keep us limited from discovering more of our innate gifts and soul essence?

Often time's astrological influences contribute to putting a spotlight on something in our lives or on ourselves that need our attention. This is happening more frequently now as we are in evolutionary times. The planetary cycles are specific types of energies that have a direct effect on our psyches: the mental and emotional parts of us. If anything is challenging in our lives this is a sign that we would benefit from looking at the dynamics more deeply. During this summer there will be four planets in a retrograde motion. Yes, we know what happens when Mercury is retrograde; communication seems to go offline at times throughout that period. Well, when other planets go retrograde these planets then spotlight something in our individual lives that often times needs increased awareness on our parts.

On July 2nd we have a Solar Eclipse and a New Moon in Cancer, a water sign corresponding to our emotions and intuition. New Moons offer us new beginnings. On July 16th we have a Partial Lunar Eclipse, a Full Moon and both being in Capricorn, an earth sign that links us to our goals and careers. Eclipse energy brings a shift and opens new awareness for all of us; be open to new insights. Our emotions are the

key messengers in July and if we can identify the messages that they are telling us, and understand their guidance, we will be on the right path.

The retrograde planets this summer:

Mercury goes retrograde on July 2nd through July 31st. Remember the drill, slow the mind down, stay focused especially while driving, and laugh if things are not flowing perfectly in your daily lives. I suggest not making large purchases at this time as some of the details may be overlooked.

Jupiter being in Sagittarius, a fire sign, went retrograde on April 30th. Jupiter in Sagittarius is asking us to expand our spiritual beliefs in life. While being retrograde it may also be asking you to regroup and rethink your steps for your business.

Pluto went retrograde on April 24th and this planet is asking us to dig deeper within our psyches especially after any impactful experiences. If someone's actions hurt you, forgiveness is the key. They were just giving you a message of something that you need to heal, change, or create boundaries around. Pluto experiences often times get us in touch with our ego. We need our ego in life but if it has a tight hold on us, this may be the summer to begin healing that wounded ego.

Saturn: Went retrograde on April 30th. Sometimes this can create a feeling of being restricted. If you find glitches with the steps you are taking to manifest your goals, find your flexibility, and be creative with discovering new steps.

Saturn is in Capricorn, an earth sign, so those having their Saturn Return keep your eyes open for the messages you might be getting.

Neptune goes retrograde on June 21st. This planet can bring old fears to the surface. A part of this spiritual journey is about addressing our fears, not running from them. Neptune might also stimulate your desire to clean up your diet, or possibly do a cleanse.

Uranus goes retrograde on August 12th. This planet can contribute to situations in our lives that can jolt us out of areas where we might be stuck.

This planet has been called the “Awakener”. Uranus is presently in Taurus, an earth sign, so themes around money and the environment may be highlighted this summer.

If life doesn't go as planned this summer, if you believe in a Higher Power, and that the Universe and God are supporting you everyday, this would be a good time to really anchor this belief in on deeper and deeper levels. This then will help dissipate old fears and anxieties. If you live a very OCD life, and need to have everything controlled in your life otherwise you become anxious, this would be a good time to begin healing this and to lighten the hold you have on your life. When we have faith, realize everything happens for a reason in our lives, and trust that things are working out for our highest good at all times, our hearts begin to open like a flower and our core essence then has a place to blossom. Additionally, our intuition then begins to grow and has a place to be able to guide us on our paths. Our intuition is our individual GPS system that can guide our steps in life for our highest good.

With these retrograde planets our experiences may vary this summer depending on your age, your karma that may still need to be dissolved, and how much inner personal growth work you have done. The more inner personal work we do on ourselves the gentler life becomes.

Surf the waves of the astrological energies this summer and I bet you will be a better version of yourself by the end of the summer. Have fun and enjoy your summer!

“The emotions that drain you are emotions that come from fear. The emotions that give you energy are those that come from love,” Don Miguel Ruiz, The Four Agreements Companion Book

**Blessings,
Nansea Lee**

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