

# **Worldwide Peaceful Meditation**

**November 12, 2020**

**Throughout your day please speak:**

*An Affirmation: I desire love, light, and peace throughout humanity*

*A Prayer: I pray for love, light, and peace throughout humanity*

*Or, an Intention: There is love, light, and peace throughout  
humanity for the Highest Good of All*

We are all one family and it is time for the brotherhood and sisterhood of humanity to unite. On November 12<sup>th</sup> Saturn, Pluto, and the planet Jupiter will all be conjunct; close to each other, which increases their energies. Pluto is asking for a deep fundamental change within ourselves; facing our fears and looking inward honestly. Saturn represents structures and many of them will be reconfigured: governments, insurance, educational, financial, medical, pharmaceutical, and other large corporations. Saturn also asks us to review our beliefs, and take responsibility for all that we have created in our individual lives, including sickness. Jupiter asks us for internal growth, to expand our awareness, and perceptions. These planets are in Capricorn which is the earth sign that carries with it the theme of past traditional ways. So, with all of these powerful planets positioned close to each other in Capricorn, this is an uncommon alignment, and it indicates that changes are imminent.

Our prayers, affirmations, and intentions throughout the day on November 12<sup>th</sup> are now more powerful than we realize and if we unify them, we will have a strong voice of what we want to happen in the world and our lives; The Law of Attraction. The energy they we put out can make a difference. It is time for unity, not to be divided. Have faith and realize that everything is happening for a reason. Our logical mind may not understand, but there is a bigger picture going on. The ego has a need to be in control. But the Soul knows that everything is in Divine Order for our Highest Good.

All astrological planetary alignments have an effect on us and the planet, and they have been intensifying month after month. Politics has been at the forefront in the United States and other countries are going through other trials and

tribulations. The anger or agitation that some are feeling is deeper as it emerges from the depths within our Soul. In ancient times the planet Mars and the astrological sign of Aries, a fire sign, were considered to have warrior qualities, and known to hold extra energy. Mars has been in Aries since the end of June, which is an unusually extended period of time. It will change signs in January 2021. The planet Mars and this Aries fire sign can be contributing to some of the internal agitation and energy that some might be feeling. Please use your balancing tools: yoga, meditation, walking, exercise, and especially mindful breathing. We are all going through a purification process, including Mother Earth.

Our thoughts need to stay positive and as our thoughts become aligned, we can have an effect on what will transpire before the end of the year and beyond. We are in evolutionary times and the world will be going into a new Age of Aquarius on December 21, 2020, then Jupiter also moves into Aquarius on December 20<sup>th</sup>, and Saturn moves into Aquarius on December 18<sup>th</sup>. Aquarius is the humanitarian sign and many new technological applications will be created for our betterment. The Age of Aquarius is about the Great Awakening. We have presently been in the Age of Pisces and Ages can last up to 2,100 years. So, this is a big shift. All astrological planetary shifts can have a direct effect on our minds, bodies, and emotions. It is important to feel peace within our hearts and bodies. If you are feeling agitation, fearful, or angry, know that these intense emotions are signaling you that they need to be reconciled. Ask yourself, "Why am I upset and then intentionally let those old emotions leave your body. We are clearing on many deep levels.

As Jimmy Twyman, author and considered "The Peace Troubadour" conveys, "In other words, a prayer that is centered only in the mind is a very weak prayer. It has no gas, and it is completely unable to move a person to the ultimate fulfillment of their dreams. Other elements are required, ingredients that when combined create an alchemical reaction. This is the basis of the science that mystics from every tradition have mastered and taught for centuries." "The other elements include keeping our minds and bodies focused on the words, prayers, and intentions that we are speaking and feel this in our heart chakra," Nansea Lee.

As Gregg Braden states, "We must become the peace we seek." And Jimmy Twyman interprets this, "The way to enhance any experience is to come into conscious resonance with that experience, or to vibrate at a similar frequency. In this sense the word 'Pray' means: to become, or to be like. If you want to

experience peace, become peace. We are then able to experience ourselves as the source of prayer, rather than the beneficiary.”

It is time for us to do our part. As we unify our energies will have a worldwide effect. We are the family of humanity. Please join all of us with your thoughts, spoken prayers, affirmations, and intentions throughout the day to Father/ Mother God, The Divine Energies, or The Loving Universal Energies on November 12, 2020. *Please also send this email onto as many people as you can in the United States and other countries.* Thank you. We can make a difference! Have Faith, “All is working out for our Highest Good,” even if it doesn’t look the way our minds want it to look. Thank you for being a part of the brotherhood and sisterhood of humanity.

With Love & Light,

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